

# Sully & Lavernock Community Directory



## Sully & Lavernock Community Council

Jubilee Hall, Smithies Ave, Sully. CF64 5SS Tel 0292053006

**Clerk:** Steve Oaten: [sullycouncil@btconnect.com](mailto:sullycouncil@btconnect.com)

**Chairman:** Lino Scaglioni: Tel 07799792224 [LScaglioni@sullyandlavernockcc.co.uk](mailto:LScaglioni@sullyandlavernockcc.co.uk)

**Vice-Chairman:** Kay Bowring: Tel 02920 531273- 07733267145  
[kbowring@sullyandlavernockcc.co.uk](mailto:kbowring@sullyandlavernockcc.co.uk)

Robin Lynn (Lavernock): Tel 07855429333 [rlynn@sullyandlavernockcc.co.uk](mailto:rlynn@sullyandlavernockcc.co.uk)

Martyn James (Lavernock): Tel 07815209473 [mjames@sullyandlavernockcc.co.uk](mailto:mjames@sullyandlavernockcc.co.uk)

Nicky Parry Tel 07730010933 [nparry@sullyandlavernockcc.co.uk](mailto:nparry@sullyandlavernockcc.co.uk)

Jackie Payne Tel 07872323125 [jpayne@sullyandlavernockcc.co.uk](mailto:jpayne@sullyandlavernockcc.co.uk)

Vicki Judd Tel 07977426789 [vjudd@sullyandlavernockcc.co.uk](mailto:vjudd@sullyandlavernockcc.co.uk)

Kelly Alderman Tel [kalderman@sullyandlavernockcc.co.uk](mailto:kalderman@sullyandlavernockcc.co.uk)

### Vacancy

SLCC meeting dates for the near future are:

Tuesday 6th September 2022 – Finance Committee  
Tuesday 4th October 2022 – Full Council  
Tuesday 1st November 2022 – Finance Committee  
Tuesday 8th November 2022 – Full Council  
Tuesday 6th December 2022 – Finance Committee  
Tuesday 3rd January 2023 – Full Council

All meetings commence at 6.30pm.

Emergency meetings may be convened at other times. Meetings will be notified to residents on the SLCC noticeboards and on the Sully Hub and SLRA. Meetings are usually held at the Pavilion, Burnham Ave, however, Covid restrictions have meant that meetings are to be held on zoom until further notice (as advised by VOG). Residents have the opportunity to raise issues in the democratic half hour of the meeting.

Whilst every endeavour has been made to ensure the information contained within this Directory is accurate, please be aware that it may occasionally be incomplete, inaccurate or out of date and is intended for general information purposes only. The contents are not recommendations. Any reliance made on the information is at your own will and discretion. Please notify me of any inaccuracies or additions.

Kay Bowring, Editor

### Facilities available for hire:

- Sully Old School: 1 South Rd Enquiries: [oldschoolsully@gmail.com](mailto:oldschoolsully@gmail.com)  
website: [www.oldschoolsully.com](http://www.oldschoolsully.com) For further details please contact,  
Richard Thomas: [thomas.rw@outlook.com](mailto:thomas.rw@outlook.com)
- Jubilee Hall/Pavilion
- Playing Fields  
Please contact the SLCC Clerk, Steve Oaten 02920 530006  
[sullycouncil@btconnect.com](mailto:sullycouncil@btconnect.com)
- Sully Sports & Social Club  
02920530629
- Sully Indoor Bowls Club  
02920530877

### Vale of Glamorgan Council:

Civic Offices

Holton Rd

Barry CF63 4RU Tel: 01446 700111

### Sully & Lavernock Ward Vale of Glamorgan Councillors:

Councillor Wendy Gilligan [wgilligan@valeofglamorgan.gov.uk](mailto:wgilligan@valeofglamorgan.gov.uk)

Councillor Kevin Mahoney, [kpmahoney@valeofglamorgan.gov.uk](mailto:kpmahoney@valeofglamorgan.gov.uk) Tel 07753987209

Details of waste and recycling can be found at

<https://www.valeofglamorgan.gov.uk/en/living/Recycling-and-Waste.aspx>

Barry Recycling Centre: Atlantic Trading Estate, Barry, CF63 3RF

Summer: 8.00am - 6.00pm

Winter: 10.00am - 4.00pm

### Sully & Lavernock Community Library

South Rd, Sully CF64 5SP Tel: 02920 531267

Opening Hours:

Tuesday & Thursday 11am to 5pm Saturday 9am to 1pm

The library has: Reference information, Free Wi-Fi with 4 computers available, Talking books and large-print books, Welsh language books, official VOG recycling provisions.

## Medical Contacts:

- **Sully Surgery:** 25 South Rd, Sully, CF64 5TG. Tel: 02920 530255  
Website: <http://www.wales.nhs.uk/sullysurgery>
- **Sully Pharmacy:** (located within 8-2-8)  
106 South Rd  
Sully CF64 5SN Tel: 02920 530793
- **Penarth Healthcare Partnership:** Stanwell Rd, Penarth, CF64 3XE  
Tel: 02920 703039  
Website: <http://www.penarthhealthcarepartnership.co.uk/>
- **Dinas Powis Medical Centre:** Murch Rd, Dinas Powis, CF64 4RE  
Tel: 02920 512293  
Website: <http://www.wales.nhs.uk/dinaspowisgroup>  
**Murch Pharmacy** (on site) Tel: 02920 512293

## Sully & Lavernock Defibrillators

These can be found at the following sites:

- The Old School, South Rd
- The Jubilee Hall, Smithies Avenue
- 8-2-8, Sully Pharmacy, 106 South Rd
- Sully Library, South Rd
- Sully Pavilion, Burnham Ave
- **Sully Primary School (school time only)**
- **Sully Surgery (surgery time only)**
- Cosmeston Lakes Country Park, Warden's Office (Outside)
- Lower Penarth Community Centre, Brockhill Way  
(Next to Spar)

**Sully Church:** Church Wardens Carol & Leigh Jones Tel 02920 530033

[Caroljonesy13@gmail.com](mailto:Caroljonesy13@gmail.com)

St John Baptist, South Rd

For services information in Sully either email:

[sullychurchbookings@gmail.com](mailto:sullychurchbookings@gmail.com) or phone Lynda on 02920530111

## Services & Businesses

Service	Business	Contact	Info
<b>Shops &amp; Other services</b>	8-2-8, South Rd	Sakshi Adkar 02920 530793	Local artisan food & crafts. Pharmacy (not weekends) 08.00 - 20.00
	One Stop, 55 South Rd	02920530873	General store 06.30 - 23.00
	Spar, Brockhill, Lavernock	07845336436	General store Post Office (see diff hours) 07.00 - 20.00
	1st Choice Trade Appliance Centre	<a href="mailto:huwatsully@aol.com">huwatsully@aol.com</a> home-world.co.uk 01446700206 07976253723 (out of hours) <a href="http://www.home-world.co.uk">www.home-world.co.uk</a>	Huw Godfrey
	Ceramic Tile Warehouse Ltd	<a href="http://www.ceramictilewarehouse.com">www.ceramictilewarehouse.com</a> <a href="mailto:Admin@ceramictilewarehouse.com">Admin@ceramictilewarehouse.com</a> 02920485522	Joel de Claire
	Stained Glass Artist & sculptor	<a href="mailto:shelaghuris@gmail.com">shelaghuris@gmail.com</a> 07480998686	Shelagh Gray
	HWB Mobility	08009330389 <a href="mailto:info@hwbmobility.co.uk">info@hwbmobility.co.uk</a> <a href="http://www.hwbmobility.co.uk">www.hwbmobility.co.uk</a>	Andrew
	Bookkeeping, accounting & payroll	<a href="mailto:sansomjules@outlook.com">sansomjules@outlook.com</a> 07891716519	Jules Sansom
	Session Entertainment Band & DJ Audio recording & Production for TV & Radio	<a href="http://www.SessionUK.com">www.SessionUK.com</a> <a href="mailto:info@Session.UK.com">info@Session.UK.com</a> Tel 07850627070	Cameron Stewart
	AvaLuna Candles	Scented, homemade candles	Amanda Matthews
	Travel with Suzie with Off Broadway Travel	ABTA registered <a href="mailto:suzanne@offbroadwaytravel.com">suzanne@offbroadwaytravel.com</a> 07748277340 02920531018	Suzanne
<b>Photography</b>	Ben Searle	<a href="mailto:ben@bensearlephotography.co.uk">ben@bensearlephotography.co.uk</a>	Ben
<b>Hairdressers &amp; Beauty</b>	The Salon, 5 Cog Rd	02920531113	Vicky Coles. Appointments only Closed Mon/Wed/Sun

	Frost the Barber, 5 Cog Rd	07870262083	Adam Frost Appointments & Walk-ins Closed Mon/Wed/Sun
	Hair Creations 57 South Rd	02920 530099	Danielle Bernard Appointments only Closed Wed/Sun
	Barber Shop Sully Sports & Social	07730609889	Darren Ryan
	Jel beauty	<a href="mailto:sarah@jelbeauty.co.uk">sarah@jelbeauty.co.uk</a> 07989216836	Sarah Bernard
<b>Child Care</b>	Sam Coop 13 Porlock Drive Sully	07884398285	Childminder. Pre & Post School
	'Debs out of School Club'. The Pavilion, Burnham Ave	07712591728 debsoutofschoolclubs@sky.com	Debbie Eynon Breakfast, afterschool & holiday Club
	Jubilee Playgroup Smithies Ave	07521820232	Sue Davies Playgroup, 5 mornings a week with lunch club and walk-over to Sully School Nursery available.
<b>Schools</b>	Sully Primary School. Burnham Ave	02920 530377 sullyps@valeofglamorgan.gov.uk	Headteacher - Mrs A Waddington.
	Ysgol Stanwell School Archer Rd Penarth	02920707633 school@stanwell.org	Headteacher- Mr T Brown
	Evenlode Primary School Evenlode Ave Penarth	02920702168 evenlodeps@valeofglamorgan.gov. uk	Headteacher Mrs R Foster
<b>Gardening Services</b>	Horizons Horticulture/J Jones Gardening	07709231280	Jack Jones
	Greenking Gardening Services	07775693335	Deano Pratt
	Sully Gardening Services, 56 Minehead Ave	02920 530494	John
	B & G Landscapes	07814228809	Dean Burnett
<b>Cleaning &amp; Ironing Services</b>	Posh Mops	07594170384 <a href="mailto:posh-mops@hotmail.com">posh-mops@hotmail.com</a> Sully facebook hub	Debbie Sullivan
	Pixies Cleaning Services Ltd	02921 690204 <a href="mailto:info@pixiescleaningservices.co.uk">info@pixiescleaningservices.co.uk</a>	Nicole Carter

	Green Housekeeping Ltd	07711979609 <a href="mailto:info@greenhousekeeping.co.uk">info@greenhousekeeping.co.uk</a>	
<b>Building Services</b>	Swanbridge Property Services	07967988142	Richard Paton
	Grab It Groundwork Contractors Ltd	01446 700535 <a href="mailto:admin@grabitltd.co.uk">admin@grabitltd.co.uk</a>	Byron Colston
	Penarth Construction	07535480133 <a href="mailto:penarthconstruction@hotmail.com">penarthconstruction@hotmail.com</a>	Dan Flynn
	LCB Construction	01446 737386	Rhydian James
	R & L Developments	<a href="mailto:rhys@randldevelopments.co.uk">rhys@randldevelopments.co.uk</a> 07702716157	Rhys Lakin Adam Reed
	Denton Construction & Maintenance	07718972220 02920530875	Jason Denton
	MBS Meredith Building Services	07866571327	Steve Meredith
	Concrete Design Centre	Ken 07973916715 Jason 07976655770	Ken Broad
	Cardiff & Vale property improvements	07966373731 02920 530837	Rob Thomas
	PJS Construct	07557683369	Paul Sweeney
	A.Spec Building & Landscapes	07884072238 <a href="mailto:info@aspecbuilding.co.uk">info@aspecbuilding.co.uk</a>	
<b>Architectural Services</b>	gjp:design Sully	02920 531024 07934794719 <a href="mailto:gjpdesign@btinternet.com">gjpdesign@btinternet.com</a>	Graham Parry
	Regeneration Design & Management Ltd	07512371519 Ben Wright 07749839008 Dean Lazenby	Ben Wright
<b>Dressmaking &amp; Alterations</b>	Karen Rogers Sully	Please message via Sully Facebook Hub	
	Pincushion Sewing Centre, Barry	07789417558	
	Johnson's the Cleaners, Penarth	02920 709481	
	Auntie Janie's Sew & Sew	Personalised embroidered soft furnishings 02920531188	Jane Mc Laughlin
<b>Florist</b>	Daisychains of Sully	07808060515	Andrea
<b>Holistic Treatments</b>	Nerve Connect Muscular, joint & nerve pain & sports injuries	07826598287 99 Minehead Ave	Louise Wellington Downey

<b>Pet Care Services</b>	PB Dog Care	07341845893	Sean & Julie
	Pleasant Dog Walks	07412831154 FB & Instagram	Ben
	Able Pet Care	07832330289	Wayne
	Nature's Pawz	Sully Sports & Social www.natures-pawz.co.uk <a href="mailto:naturespawz@outlook.com">naturespawz@outlook.com</a> 07973315830	Natalie
<b>Pet Grooming Services</b>	Jade's Wag & Wash	07511954072	
	Muttley's	07803272475	
<b>Driving School Services</b>	Go Direct School of Motoring	07904523560 <a href="mailto:GoDirectSOM@gmail.com">GoDirectSOM@gmail.com</a>	Craig Trickett
<b>Plumbing/Gas Services</b>	Plumbing & Gas Solutions	07837687080	Chris Fletcher
	BB Plumbing	07871513943	Becky Bates
	SJE Plumbing & Heating Services	02920 530687 07775908668	Stuart Evans
	CJ Plumbing & Heating	07974981776	Jon
	Heatsmart Plumbing & Heating Services	07565839050	Jamie
	Vale Plumbing & Heating Services	07835298968	
	LB Plumbing & Heating	07784563035	Lois Baird
	RM Heating Solutions	07722281825	
	Rads & Taps	02920 708292	
<b>Decorating Services</b>	Jessica Farr	07702029172	Jessica
	Stuart Butler	077725896328	Stuart
	Ace Your Place Decorators	07813571721	Chris Hill
	AA Maintenance	07432502968	
	Painter & Handyman	07808290047	Rob Thompson
	SL Painting & Decorating	07907978249	
	Stuart Pietzka	07846029645	
	Alan Summerhayes	07977762373	
	Capital-decorators	07398082121	

<b>Electrical Services</b>	CID Electrics	07909333371	Nigel James
	Voltage UK Ltd	029220402626	Paul Todd
	Davies Electrical Services	07900105131 gsdavies12bwater@aol.com	Gareth Davies
	Core Services Ltd	07828464062	Oliver Hop
	KFN Electrical Ltd	07799658533	
<b>Carpentry Services</b>	My wood designs Ltd	07976616252 <a href="http://www.mywooddesigns.co.uk">www.mywooddesigns.co.uk</a>	Michael Yorke
	Eden Carpentry & Building	07866441471	Julian Birkby
	Chris Edwards	07585775193	
	Mario Asprou Carpentry & Joinery	07591 096301 <a href="mailto:marioasprou@gmail.com">marioasprou@gmail.com</a>	
<b>Tutors</b>	Cardiff & Vale Tutors	Academic & Language Tuition aged 4-84! Helen Glynn PGCE, MTA, GCSE examiner <a href="http://www.cardiffvaletutors.co.uk">www.cardiffvaletutors.co.uk</a>	
	KipMcGrath Penarth	j_elias@sky.com	Juliet Elias
<b>Plasterers</b>	Bevans Plastering & Tiling	07968230750	Ben Williams
<b>Car/MOT Services</b>	Sully Motors	02920530052	Darren
	Wayside Service Centre	01446734653 (Cardiff Rd Barry)	01446734653
	Pat Jerome Car Care	02920701571 (Lavernock Rd)	
	Welsh VW Centre	01446421954 (Sully Moors Rd)	
	Andrew Wilson Motors	02920513120 (Dinas Powys)	
<b>IT/Computer Services</b>	Luke Morley	07557945965 <a href="mailto:Luke.o.morley@gmail.com">Luke.o.morley@gmail.com</a>	
<b>Graphic Design</b>	Guto Evans	07976627656 <a href="mailto:guto@elfen.co.uk">guto@elfen.co.uk</a>	Guto
<b>Food Outlets</b>	Sully Inn	4 Cog Rd 02922679678 <a href="http://knifeandforkfood.co.uk/venue/the-sully-inn/">http://knifeandforkfood.co.uk/venue/the-sully-inn/</a>	Pascal Josselin (manager)
	Sully Club & Restaurant	90 South Rd 02920530353	Keith & Jackie
	Sully Sports & Social Club	South Rd 02920530629	



	The Seashore Grill Café Bar	Beach Rd, Swanbridge 02920531762	
	On the Rocks & Pink Floyd Bar	Beach Rd, Swanbridge 02922404670 <a href="https://www.ontherocks.wales/">https://www.ontherocks.wales/</a>	
	The Captain's Wife	Beach Rd, Swanbridge 02920530066	Vintage Inns
<b>Food Vans (Sully Sports &amp; Social car park)</b>	Dusty's Cosmeston	07984030240	Jake
	The Artisan Cook (Pizzas)	07895092875 <a href="http://www.theartisancook.co.uk">www.theartisancook.co.uk</a>	Rudy S Filliau
	Mrs Frosty	Ice cream, Sweets, Slushes, drinks etc Wed-Fri 3.00-8.00pm Sat & Sun 12.00-8.00pm. Event catering 07463740537	Jamie & Kiki Spry
<b>Sport, Exercise &amp; Fitness</b>	Kath Sweeney Pilates	07738957638 (Sully Old School- Wednesday 17.45-18.45) see facebook hub for further details	Kath
	Penarth & District Runners	<a href="https://penarthanddistrictrunners.co.uk/">https://penarthanddistrictrunners.co.uk/</a> Membership just £25 per annum	Nigel Adams (coaching coordinator)
	SWBRC-Petanque section	Sully Indoor Bowls Centre <a href="mailto:sullypetanque2020@gmail.com">sullypetanque2020@gmail.com</a>	Pat McCarthy
	*Dance Exercise *Basic ballet *dance the shows	Rachel Brenan 07530921307 <a href="mailto:raychelle@earthlink.net">raychelle@earthlink.net</a> Old School	Rachel
	Sully Sailing Club	<a href="mailto:publicity@sully-sailing.org.uk">publicity@sully-sailing.org.uk</a> 07765061034 (near Jubilee Hall)	Robin Wilkinson
	Sully Bowls Club (outdoor)	Jubilee Hall 07763728893	Alan Thomas
	Turn'd up Fitness With Gabi	Old School Dance fitness classes <a href="mailto:gabi_louise@hotmail.co.uk">gabi_louise@hotmail.co.uk</a> 075073408075	Gabrielle Phillips
	JSTKD Martial Arts & Fitness Taekwondo	Old School 07711234500 jstkd.co.uk	Joe Schembri
	Busen Sully Judo Club	Ages 6-Adults 07502012895	Charlotte Gamble
	Sully Sports FC Minis 4-11	juniorfootball@sully.club	Rhys Nadin (Chairman)
	Sully Centurions	<a href="mailto:centurioncricket@hotmail.co.uk">centurioncricket@hotmail.co.uk</a> 07854983423	Ricky Griffett
	Old Penarthians RFC	Cwrt y Vil 02920701810	

<b>Hobby &amp; Recreation Groups</b>	Ascendance Theatre Arts Ltd	Singing & Acting instruction based at the Old School 07812773893	Sophie Herrmann (Director)
	Sully U3A	Many interest groups. eg Art, History, walking, crafts etc. Old School <a href="mailto:enquiries@sullyu3a.co.uk">enquiries@sullyu3a.co.uk</a> 02920530034	Janet Pryce-Jones (membership secretary)
	Sully & District Gardening Society	4 <sup>th</sup> Wednesday of each month@19.30 in The Old School. Guest speakers. 02920530845	Mike Shepperdson (Chairman)
	Sully Painting Group	Meets weekly on Tues afternoons & evenings, Old School Sully 02920512308	Nigel Adams (Membership Secretary)
	Sully Bridge Club	Old School (sometimes Jubilee Hall) Mon & Wed at 2pm and most Saturdays at 7pm <a href="mailto:Philipsxi6451@hotmail.co.uk">Philipsxi6451@hotmail.co.uk</a> . 07584125615	Philip Bottrill (Chairman)
	Penarth Civic Society	Any Enquiries to David Noble Dave.noble1959@gmail.com	
	Dinas Powys Rotary Club	Covers Sully & Penarth <a href="mailto:robin.pitcher@talktalk.net">robin.pitcher@talktalk.net</a>	Robin Pitcher
	Sully Monday Club	Jubilee Hall (once a month) Coffee/chat/talks 02920531021	Sheila
<b>Charities</b>	Sully Friends of Tyhafan	Follow on Facebook Tel 079714840633	Lynda Francis (Chairman)
	Cancer Research Uk	Local Group, Sully resident & fundraiser Liz Roberts <a href="mailto:lizrob1@hotmail.co.uk">lizrob1@hotmail.co.uk</a> 02920531933	Liz Roberts
	International Tortoise association	Based at 71 South Rd Protecting, educating and preserving endangered species especially caring for tortoises. 02920531282	Ann Ovenstone MBE (Chair) Celia Claypole Secretary & Treasurer)
<b>Children's Activities</b>	Scouts Cubs Beavers	Ivor Davies (Group Scout Leader 1 <sup>st</sup> Sully Scout Group) Thursday evenings <a href="mailto:1stsully@penarthanddistrict.org.uk">1stsully@penarthanddistrict.org.uk</a> Tel 07969000903	Ivor Davies
	Brownies	Wednesdays 6.15 - 7.30 at Jubilee Hall <a href="mailto:vikki@peopleblossom.com">vikki@peopleblossom.com</a> 07779291667	Vikki Evans

	Guides	Mondays 6.30-8.00 Jubilee Hall Anushka Sieunarine 07490768668 nushkin_13@hotmail.com	Anushka
	Sully Pinks, Girls Football	U11, U13, train at Sully Sports & Social U12 & U14 train at Burnham Ave Contact: 07463740537	Jamie Spry
	Sully Church Sunday School	During Sunday Church Service. Old School. <a href="mailto:Michaelaredford999@gmail.com">Michaelaredford999@gmail.com</a> Tel 07919043310	Michaela Redford
<b>Other Sully Contacts</b>	Sully Facebook Village Hub	2.7k members. Provides residents info and requests for advice and services. Shares support for groups and individuals.	Admin: Han Bevmoh Phil Baguley
	Sully and Lavernock Residents Assoc. SLRA	Provides residents info and requests for advice and services. Shares support for groups and individuals. Email: <a href="mailto:sully.residents@gmail.com">sully.residents@gmail.com</a>	Admin: Lino Scaglioni
	SVG Sully Village Group	A volunteer community group. Organising various projects for the community such as Beach Cleans, garden projects, production of Village Calendar, helping residents during flooding crisis etc	Chairperson: Han Bevmoh (Facebook for contact)
	Our Future Community OFC	The immediate goal of the group is to prepare a <b>Placeplan</b> for Sully & Lavernock. The group is open to anyone wishing to make a positive contribution, especially from residents with the relevant professional skills and experience.	Kaarina Ruta  <a href="mailto:mail@ourfuturecommunity.wales">mail@ourfuturecommunity.wales</a>  <a href="http://www.ourfuturecommunity.wales">www.ourfuturecommunity.wales</a>